



# Where best to store your fruit and veg!

Fruit and Veg	Best Storage Conditions
<b>Refrigerate for freshness</b> Lemons Apples Strawberries Grapes Kiwi Carrots Peppers Broccoli Mushrooms Salad	<b>In the Fridge</b> 
<b>Keep cool or refrigerate for freshness</b> Tomatoes Melons Oranges	
<b>Refrigerate for freshness - ripen at room temperature</b> Pears	
<b>Keep in a cool dark place for freshness</b> Potatoes Onions	<b>In the Larder....</b> 
<b>Keep cool but don't refrigerate</b> Bananas Pineapples	

